

Did you know?
“Bone Health is
critically
important to the
overall health &
quality of life for
Americans.”

Office of the Surgeon General

Pinehurst Bone Health
Clinic provides
comprehensive bone
health care to those
who are at risk of
developing or may be
diagnosed with a bone
density disorder.

The Providers at the
Pinehurst Bone Health
Clinic work with you
and your primary care
physician to develop a
personalized bone
health treatment plan.

Contact us today to
make an appointment.

910-725-0809

PINEHURST BONE HEALTH CLINIC
334 Mill Creek Rd. Suite D
Carthage, NC 28327
910-725-0809

PINEHURST BONE HEALTH — CLINIC —



Providing Comprehensive
Bone Health Care for
Prevention and Treatment
of Bone Density Disorders

334 Mill Creek Rd. Suite D
Carthage, NC 28327
Whispering Pines Harris Teeter off Airport Road



Why is Your Bone Health a Priority?

The Importance of Healthy Bones

Healthy bones provide the body with a frame that allows for mobility and for protection against injury. Bones also serve as a storehouse for minerals that are vital to the functioning of many other life-sustaining systems in the body. Unhealthy bones, however, perform poorly in executing these functions. They also lead to fractures, which are by far the most important consequence of poor bone health since they can result in disability, diminished function, loss of independence, and premature death.

Bone health matters whether you are 19 or 99! You are never too young or too old to protect or treat your bones.

Risk Factors for Bone Density Disorders

Individuals should consider the following risk factors and talk to their doctor about a referral to [Pinehurst Bone Health Clinic](#):

Female

Caucasian or Asian

Family history of osteoporosis

Thin small frame

Postmenopausal/Surgical Menopause

Tobacco or alcohol use

History of bone fracture

History of chronic use of steroids or anticonvulsants

Eating Disorder

Low calcium or exercise levels

Prevention and Treatment

The Providers at the Bone Health Clinic conduct a complete medical evaluation and physical exam, order/review laboratory studies and specialized bone density tests (DXA) to prevent, assess, diagnose and treat bone density disorders. An individualized plan is developed using non-pharmacological and pharmacological prevention/treatment options.

Convenient and Affordable Care

- Accepting all major insurances
- No specialty copay
- Appointments within 2 weeks of referral.

Contact Us 

PINEHURST BONE HEALTH CLINIC

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Carthage, NC 28327

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